



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer Through the Intercession of Blessed Francis Mary of the Cross Jordan

O God of goodness and kindness, we thank You for inspiring Blessed Francis Mary of the Cross Jordan with a profound love and knowledge of You, the one true God and Jesus Christ, whom You have sent to be our Divine Saviour. We implore the fire of Your Spirit to enflame all the baptised to be apostles in mission for the salvation of all people everywhere. May he accompany us at significant and challenging moments in our lives. And if it be Your will, may he be recognised as a persevering and faithful saint, whose apostolic life manifested Your strength shining through his human weakness. We pray with trust in Your Divine Providence. Amen.



Thoughts of Blessed Francis Jordan
 But everything through God, with God, and for God.
 All peoples, races, nations and tongues,
 glorify the Lord our God.



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR JULY

For The Pastoral Care of the Sick
 Let us pray that the Sacrament of the Anointing of the Sick grant the Lord's strength to those who receive it and to their loved ones, and that it may become for everyone an ever more visible sign of compassion and hope.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass

Wednesday 9.30am

Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Augustine Neo Eng Guan

William Kerr

Jule Cunliffe

May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Recently Deceased

Christopher Kerr

Lynette Flynn

Prayer for the Sick

Anna Śmigowska

Santo

Brian Gregan

Marcia Bailey

Bec Burroughs

Margaret De Landre

Maureen Larios

Denise Wagner

Marco Sangiacamo

Elaine Boyes

Pauline Chipman

Brian Cranch

Anna

Svetlana

Leonor

Sofia

Xi

Mother Pauline

Carlos Herinque

Angela Miller

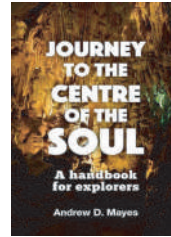
Philip Khalifeh

Robert McCauley

Heidi Taylor

BOOK REVIEW

Journey to the Centre of the Soul
A Handbook for Explorers
by Andrew D Mayes



This spiritual adventure encourages us to search for something deeper in our spiritual life and links us with spiritual guides as we progress in our journey.



22nd of July
Feast of
St Mary Magdalene

Liturgy for the Week

22/07 Monday, St Mary Magdalene
Song 3:1-4; Jn 20:1-2, 11-18

23/07 Tuesday, Ordinary Time 16
Micah 7:14-15, 18-20;
Mt 12:46-50

24/07 Wednesday, Ordinary Time 16
Jer 1:1, 4-10; Mt 13:1-9

25/07 Thursday, St James, apostle
2 Cor 4:7-15; Mt 20:20-28

26/07 Friday, Sts Joachim and Anne,
Parents of Blessed Virgin Mary
Jer 3:14-17; Mt 13:18-23

27/07 Saturday, Ordinary Time 16
Jer 7:1-11; Mt 13:24-30

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Parish of
Pittwater

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with your camera app
and follow the prompts

Use this App to support our
Clergy through the first
collection and our Parish
through the second collection.
Donations can be made weekly,
fortnightly, monthly or one-off.

Thank you for your continued
contributions and support. Your
financial contributions and your
generous donations throughout
the year are greatly appreciated.



Welcome to our NEW Facebook Page
Pittwater Catholic Parish

Please FOLLOW and LIKE us so you will find all the latest news and
events through this new page.

Unfortunately due to some technical issues, we were unable to keep our
old Facebook page *The Catholic Parish of Pittwater*

Congratulations to Josh Willard as the newly appointed *Cathedral Director of Music*, *Our Lady of the Rosary Catholic Cathedral, Waitara*



With great sadness, Josh will be leaving our Pittwater Parish team. He has been a big part of our Faith Community for 22 years. He joined the Parish in 2002 as a Choir Coordinator. He became Director of Music in 2012. Josh has shared his amazing musical expertise and superb organisational skills to the Masses and special events of this Parish.

We will miss Josh very much, but we are happy and proud that he is moving on to a new and exciting chapter of his career.

Josh's last Masses will be on Sunday, 18 August at 10 am, Sacred Heart Church, Mona Vale and 25 August at 9 am, Maria Regina Church, Avalon.

May the Lord bless and guide him in his new endeavour.

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS

Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS

Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Belinda Cimino

Tel 9157 0999 ext 30
office@pittwaterparish.org

Administrative Assistant

Shereae Knight

Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard

Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communications Coordinator

Conille Felias

Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator

Sonia Samartin

Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 7256 2138

Principal: Ms Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 7256 2100

Principal: Mr Marc Reicher

SACRAMENTAL PROGRAMME UPDATE

THE SACRAMENT OF THE FIRST HOLY EUCHARIST

will take place as follows:

MARIA REGINA CHURCH, AVALON

Saturday, 14 September
at 6 pm

Sunday, 15 September
at 9 am

SACRED HEART CHURCH, MONA VALE

Saturday, 21 September
at 5 pm

Sunday, 22 September
at 10 am & 12 noon

Children in Year 4 and above are eligible to receive this sacrament if they have done their First Reconciliation. Enrolments are NOT OPEN.

For more information about the requirements and how to enrol your child, you MUST attend ONE of the following

PARENT INFORMATION & COMMITMENT sessions:

(children do not need to attend)

Thursday, 25 July -

MARIA REGINA CHURCH,
Avalon

at 7.30 pm

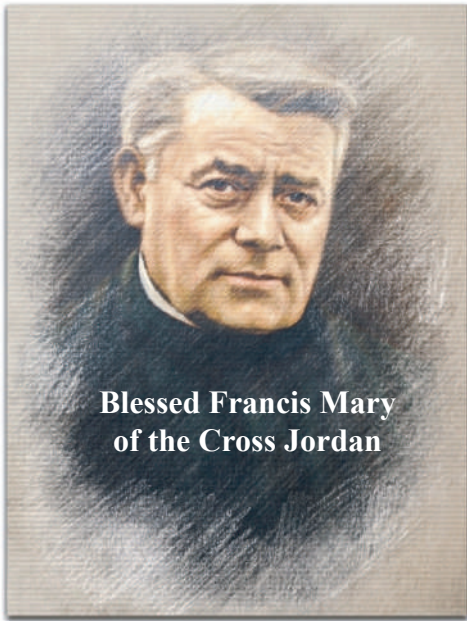
Tuesday, 30 July -

SACRED HEART CHURCH,
Mona Vale

at 7.30 pm



Salvatorian Founders - *Blessed Francis Jordan & Blessed Mary of the Apostles*



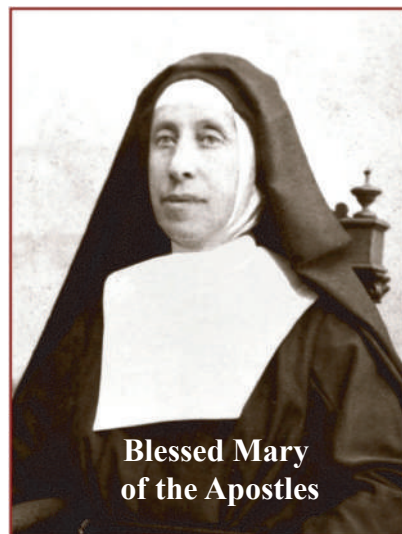
**Blessed Francis Mary
of the Cross Jordan**

Francis Mary of the Cross Jordan – founder of the Salvatorian Family – was born as John Baptist Jordan on 16 June, 1848, in Gurtweil, Germany, a small town in the Black Forest area of the southwestern part of the country, just a few miles from the border of Switzerland. Even in his youth, Jordan was known to be a devout young man who often spent time in private prayer.

While working as a laborer and painter-decorator traveling throughout his homeland, Jordan became keenly aware of the difficult spiritual situation of the people in his homeland. Because the Church had been limited in its mission by the government (in what became known as the Kulturkampf) people were turning away from God and the practice of their faith. This only strengthened Jordan's faith and he began to sense a call to the priesthood. On 21 July, 1878, he was ordained a priest in Freiburg, Germany, and because he had a talent for languages, his bishop sent him to Rome, and later to the Holy Land, for advanced studies. Jordan became fluent in many languages, including Syrian, Aramaic, Coptic, Arabic, Hebrew, and Greek.

But Jordan was sensing that something else was in store for his future. He began thinking about ways to combat the growing disinterest in spirituality and religion. In September 1880, Jordan met privately with Pope Leo XIII in the Vatican, where he outlined his plan to begin a society devoted to spreading the teachings of the faith. The Pope gave Jordan his blessing to begin creating such an organization. On 8 December, 1881, Father Jordan and two others professed private vows as members of the new foundation. They were soon joined by **Therese von Wüllenweber**, now known as **Blessed Mary of the Apostles** since her beatification in 1968. Membership in the new foundation grew, structures changed, and missionaries were sent out to all corners of the globe. In time, Father Jordan's and Mother Mary's communities evolved into the

three branches that make up the **Salvatorian Family**: the priests and brothers of the Society of the Divine Savior, the Congregation of the Sisters of the Divine Savior, and the International Community of the Divine Savior (Lay Salvatorians). The name "**Salvatorian**" comes from the Latin word "Salvator" meaning "Savior." With a bold, unique and forward-looking vision within the Church, Salvatorians – men and women, religious and laity – work together in mission to bring the Gospel of the Savior to all people throughout the world. Father Jordan and Mother Mary fostered within their followers an unshakable trust in Divine Providence – that God would be with them and guide them in their variety of ministries. That trust remains strong in us still!



**Blessed Mary
of the Apostles**

The Motherhouse of the Society is just down the street from St. Peter's Basilica in Rome. The Motherhouse of the Sisters is nearby, atop one of the great hills of the city. Globally today, more than two thousand Salvatorians – priests, sisters, brothers, and lay members – work to continue the mission of Father Francis and Mother Mary: "**To proclaim the goodness and kindness of Jesus, the Savior, by all ways and means the love of God inspires.**"

Fr. Francis Jordan died in Tifers, Switzerland, on 8 September 1918, and was buried in the local church. In 1956, his body was transferred to Rome and is now entombed in a special chapel in the Motherhouse of the Society. On 19 March 1999, Pope John Paul II visited the community and prayed at the tomb of Father Jordan. In 2011, the Vatican published the Decree on the Heroicity of His Virtues and declared Father Jordan "Venerable." On 19 June 2020, Pope Francis declared that a miracle, gained through the intercession of Father Jordan, was authentic. He was beatified in Rome on 15 May 2021, and is now known as "**Blessed Francis Jordan.**" His feast day is annually celebrated on 21 July, the anniversary of his ordination.

The Miracle

Expecting a baby in 2014, a young couple in Jundiá, Brazil, was informed by several medical doctors and specialists that their unborn child was suffering from an incurable bone disease (skeletal dysplasia). Being members of a group of Lay Salvatorians, the parents began to pray through the intercession of Venerable Francis Jordan, inviting other members of the Salvatorian Family to join them. The child was born completely healthy on 8 September, 2014 – the Feast of the Birth of the Blessed Mother, and the anniversary of Fr. Francis Jordan's death. After the required canonical procedures had been successfully completed, the Holy Father – Pope Francis – declared that this miraculous healing was worked by God through the intercession of Fr. Francis Jordan. He was beatified on 15 May 2021, in the Basilica of St. John Lateran in Rome.



From The Writings Of Blessed Francis Jordan:

"If we want to accomplish great things, we must have great trust. Human misery is so great that we can do nothing without the grace of God. When we are separated from the help that comes from above, when we have little or no trust, what will we be able to do for those who cannot even pronounce the name of Jesus without God's grace? How much less will we be able to do great work for God's glory? We are convinced that we hope for everything from God, so also we must have unshakable trust in God. In any misery, we look to God from whom we await our help." (In a talk to the community, June 1894)

"I want to tell you my deepest desire: that all of you endeavor always, more and more, to deepen in love of the Cross. Study the Cross and suffering, study the sacred Scriptures in order to know the sublimity of suffering and to become convinced of this – that the works of God flourish only in the shadow of the Cross. Become lovers of the Cross. You know that our dear Savior saved the world through his Cross. Why would we then choose another way?" (In a letter to the Sisters, 1898)

By: Father Mike Hoffman, SDS and the Beatification Committee

Feast Day of St Christopher

Blessing of Cars



**Sunday, 21 July &
Sunday, 28 July**

**After every Mass at
Sacred Heart Church,
Mona Vale**

If you would like your car to be blessed with Holy Water, please drive through the courtyard, Father will be waiting in front of the Church's Entrance. Please be aware that during these dates, **VEHICLES are NOT ALLOWED TO PARK in the Sacred Heart Church Courtyard.**

To ensure everyone's SAFETY and have a free-flowing Blessing of the Cars.

**Maria Regina Church,
Avalon**

Please park your car in the carpark behind the Church if you would like to have it blessed with Holy Water and inform Father after the Mass.

Jesus taught the sheep of his flock

16th Sunday in Ordinary Time, Year B



Jesus was a shepherd, a leader, a teacher and a helper to his followers. In the footprints, write the names of people you know who care about others the way Jesus did.



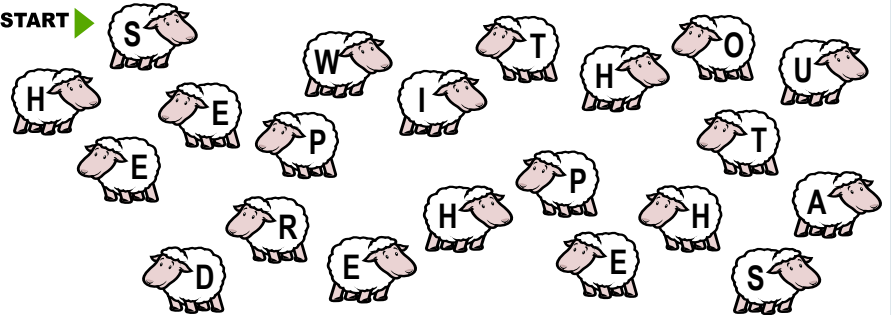
Jesus taught them many things

What did Jesus teach people?
Answer True or False to the following

- "Love your neighbour" _____
- "Punish those who dislike you" _____
- "I am the wine of life" _____
- "Blessed are the meek, they shall inherit the earth" _____
- "I am the light of the world" _____
- "A rolling stone gathers no moss" _____

Why did Jesus feel sorry for the crowd? Join up the sheep in the correct sequence to spell out the answer

START ►



They were like _____

Mk 6:30-34

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BEACH 2 BEACH FUN RUN

Thank you all for the support you have given Friends of Soibada in recent months. It is fantastic to be here in the village and see the impact of the friendship relationships firsthand. The difference our community on the Northern Beaches is making in Timor Leste is immense and we have the children to thank for that. Please spread the word that we have been allowed to fundraise through the well-known "Beach to Beach Fun Run" this year. We would love to have your schools represented in "Team Soibada" on Sunday, 25 August 2024.

There are many choices of distance to be run or walked and it is a fun-filled community event with a festival on Newport Beach on completion.

The link takes you straight to our page. Please follow the prompts to register on Team Soibada.

Beach2Beach 2024 | Friends Of Soibada (grassrootz.com)

Have a look at our Facebook Page to see what is going on in the village whilst our volunteers are here!

<https://www.facebook.com/friendsofsoibada/>

Thank You Again for your Support - Tamara Sloper Harding OAM President, "Friends of Soibada"

AUSTRALIA'S most beautiful FUN RUN!

SUNDAY 25 AUGUST 2024
6km The perfect distance for Teams
Warriewood Beach to Newport Beach

The *Living* Word

Entrance Antiphon

Psalm 53:6,8

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading

Jeremiah 23:1-6

A reading from the prophet Jeremiah
The remnant of the flock I will gather to me, and bring them back to their pastures.

‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

‘See, the days are coming – it is the Lord who speaks –

when I will raise a virtuous Branch for David,

who will reign as true king and be wise, practising honesty and integrity in the land.

In his days Judah will be saved and Israel dwell in confidence.

And this is the name he will be called: The Lord-our-integrity.’

The word of the Lord

Responsorial Psalm

Ps 22. R. v.2

(R.) The Lord is my shepherd; there is nothing I shall want.

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me, to revive my drooping spirit. **(R.)**

He guides me along the right path; he is true to his name. If I should walk in the valley of darkness no evil would I fear. You are there with your crook and your staff, with these you give me comfort. **(R.)**

You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. **(R.)**

Surely goodness and kindness shall follow me all the days of my life. In the Lord’s own house shall I dwell for ever and ever. **(R.)**

Second Reading

Ephesians 2:13-18

A reading from the letter of St Paul to the Ephesians
Christ, our peace, has made us one.

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord.

Gospel Acclamation

John 10:27

Alleluia, alleluia!

My sheep listen to my voice, says the Lord; I know them, and they follow me.

Alleluia!

Gospel

Mark 6:30-34

A reading from the holy Gospel according to Mark

They were as sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord

Communion Antiphon

Psalm 110:4-5

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

REFLECTION

by Diane Bergant

Jesus chose disciples to continue his work; he instructed them and empowered them. He sent them out on a mission, and they returned. People followed them, because they wanted to hear what Jesus

and the disciples had to say; they wanted to be released from the sickness and the demons that possessed them.

There are so many searching people in the world today, people hungering for instruction, good people looking for direction. They may be parents who are sick with grief over the future of a troubled child; a man stripped of his dignity through unemployment; a woman facing a pregnancy alone; elderly people feeling the surge of life leave their declining bodies; people who are angry and confused because they believe that the church is no longer dependable. They are people who are looking for answers and for meaning. They are like sheep without a shepherd, and Jesus looks to us to shepherd them.

In the midst of this confusion, there are reliable shepherds who walk with us in the dark valleys. They are willing to share the dangers through which we pass, even at the risk of their own safety. They do not pit one segment of the community or one theological perspective against another, scattering the sheep and driving them away. Instead, they work to dismantle the walls that divide us. They speak the word that gathers us together. They reconcile us with God and with each other. They may not give us easy answers, but their primary concern is to lead us to Jesus, the one who is our peace.

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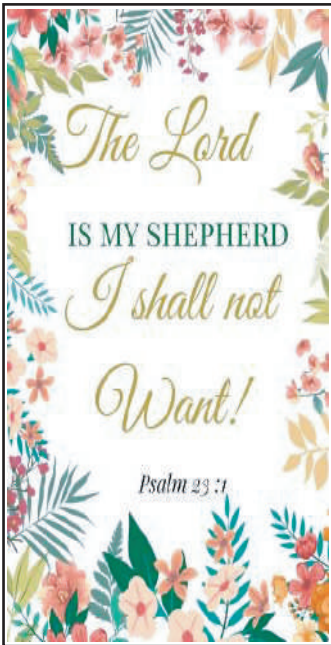
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Thank you

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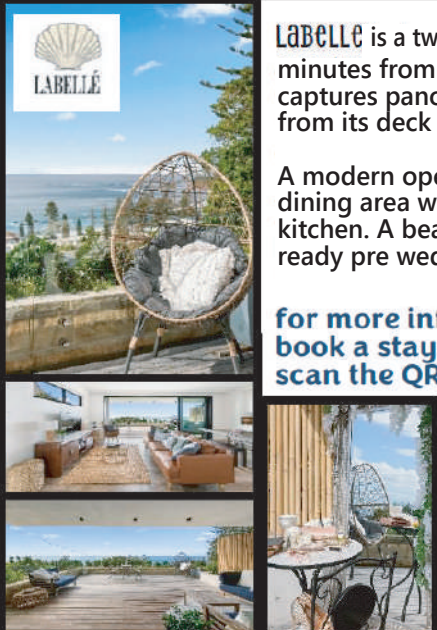
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Mark 5:36



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